



# LION ROARS

HOTELS & LODGES

## SPA MENU

### Facials

#### **Tri – Enzyme High Performance Facial**

**60min R700**

A facial treatment using the Tri-Enzyme facial range. These products are designed to replenish and repair the skin, penetrating deeper into the epidermis.

#### **Invigorating High Performance Tri-Enzyme Facial**

**75min R820**

This Facial uses a high-dosage of anti-ageing components including vitamin C, vitamin E, cranberry and traditional wisdom of African healing (Kigelia Africana, Papaya Enzyme), to penetrate deep into the levels of the epidermis, allowing reconditioning of the skin.

#### **Hydra- Boost Facial**

**75min R680**

This high in anti-oxidant treatment helps minimize the appearance of fine lines and wrinkles while feeding the skin with the hydration it needs.

#### **Anti- Aging Repair Facial**

**75min R680**

A treatment that is designed to renew even the most lifeless skin, with the use of Jasmine and Baobab, these active ingredients will improve your skin texture, colour and circulation.

#### **Glow & Radiance Facial**

**75min R680**

An unmatched and effective treatment developed to restore, purify and revitalize the skin with the use of active ingredients such as Neroli and Rose.

#### **Men's Facial**

**60min R620**

This face treatment helps to Energize, Balance and Protect the skin on deeper level. With the use of Neroli and Rose Balancing serum the skin will be noticeable brighter and revitalized.

#### **Pinotage Basic Facial**

**45min R520**

This treatment is specially designed for the time conscious individual; our therapist will customize the treatment according to your specific needs

### Spa Massages

#### **Back, Neck and Shoulder Massage**

**30min R420**

#### **Deep Tissue Back, Neck and Shoulder Massage**

**30min R460**

Want to get rid of all your knots and nodules? Then this is the perfect massage for your back

#### **Back, Neck and Shoulder Massage & Scalp or Back of legs**

**45min R550**

Have invigorating back massage accompanied with a scalp massage or the back of your legs

#### **Pressure Point Foot Massage**

**30min R350**

Have tired feet? Enjoy a foot soak followed by a pressure point foot massage.

#### **Full Body Massage**

**60min R680**

A customized body massage designed to relax, detox or revitalize mind body and soul.

#### **Relaxing Full Body & Scalp Massage**

**90min R900**

Enjoy a relaxing full body massage, including a deep relaxing scalp massage

#### **Deep Tissue Full Body Massage**

**60min R720**

Enjoy an invigorating massage with therapists using deep pressure movements to release tense knots and nodules.

#### **Deep Tissue Full Body & Scalp Massage**

**90min R930**

Have a deep pressure massage, getting rid of all those knots with and pressure point scalp massage.

#### **Cranial Healing**

**60min R700**

Enjoy a relaxing back, neck and shoulder massage followed by a scalp and facial massage that will relieve muscle tension and break down knots and stiff muscles.

#### **African Potato Balm Full Body Massage**

**60min R850**

A deep relaxing and healing massage, using our African potato balm. Drift off, as the therapeutic benefits of the African potato allows you to unwind.

#### **African Potato Balm Full Body & Scalp Massage**

**90min R980**

A deep relaxing and healing massage, using our African potato balm. Drift off, as the therapeutic benefits of the African potato allows you to unwind. Also following a relaxing scalp massage