



SPA MENU

Back, Neck and Shoulder Massage

30^{MIN} / 60^{MIN}

R500 / R800

Deep Tissue Back, Neck and Shoulder Massage

30^{MIN} / 60^{MIN}

R550 / R900

Want to get rid of all your knots and nodules? Then this is the perfect massage for your back.

Back, Neck and Shoulder Massage & Scalp or Back of Legs

45^{MIN}

R700

Have invigorating back massage accompanied with a scalp massage or the back of your legs.

Pressure Point Foot Massage

30^{MIN}

R400

Have tired feet? Enjoy a foot soak followed by a pressure point foot massage.

Full Body Massage

60^{MIN}

R900

A customised body massage designed to relax, detox or revitalise mind body and soul.

Relaxing Full Body & Scalp Massage

90^{MIN}

R1200

Enjoy a relaxing full body massage, including a deep relaxing scalp massage.

Deep Tissue Full Body Massage

60^{MIN}

R1000

Enjoy an invigorating massage with therapists using deep pressure movements to release tense knots and nodules.

Deep Tissue Full Body & Scalp Massage

90^{MIN}

R1500

Have a deep pressure massage, getting rid of all those knots with and pressure point scalp massage.

Cranial Healing

60^{MIN}

R1000

Enjoy a relaxing back, neck and shoulder massage followed by a scalp and facial massage that will relieve muscle tension and break down knots and stiff muscles.

African Potato Balm Full Body Massage

60^{MIN}

R1100

A deep relaxing and healing massage, using our African potato balm. Drift off, as the therapeutic benefits of the African potato allows you to unwind.

African Potato Balm Full Body & Scalp Massage

90^{MIN}

R1500

A deep relaxing and healing massage, using our African potato balm. Drift off, as the therapeutic benefits of the African potato allows you to unwind.